

School Improvement Plan for Physical Education (September 2021- June 2024)

Overall Objective for 2021-2024:

- To embed the specific P.E skills among the student body to a very high standard.
- To build competence and capacity among the staff and pupils in relation to the teaching and learning of Athletics and Outdoor and Adventure Activities
- To plan for assessment of learning in all strands, tracking 3 pupils in gymnastics & athletics.
- To transfer or further develop skills that will support life-long learning among pupils.
- To continue with our plan to ensure that there is breadth, depth and progression in the delivery and attainment of curricular objectives in order to deepen the pupils' knowledge, skills base and understanding of PE.

Specific targets: 2021-22– Year 1.

- To continue to improve overall activity levels among pupils from Junior Infants to 6th Class ensuring each pupil receives at least 60 minutes of timetabled P.E time each week.
- To create an awareness among pupils/staff of the specific skills from the P.E curriculum and provide opportunities to develop these skills.
- Make connections between P.E and other areas of the curriculum where possible in order to foster life long learning.
- To continue to deliver the P.E curriculum through use of a number of coaches and teacher's using the PSSI materials in their own lessons.
- To provide CPD to staff in order to raise awareness and build understanding as to what is involved in the teaching and learning of Athletics
- To use assessment to inform pupils as to their progress and encourage pupil's to set their own targets within strands.

Domain Focus

Domain 1 – Learner Outcomes

The following Standard is to be focused on:

- Pupils demonstrate the knowledge, skills and understanding required by the primary curriculum

Domain 2- Learner Experiences

The following Standards are to be focused on:

- Pupils reflect on their progress as learners and develop a sense of ownership of and responsibility for their learning.
- Pupils experience opportunities to develop the skills and attitudes necessary for lifelong learning.

Domain 1 – Learner Outcomes

The following Standards are to be focused on:

- The teacher has the requisite subject and pedagogical knowledge in the area of Athletics
- The teacher selects and uses planning, preparation and assessment practices that progress pupils learning.

Domain4 – Teachers' collective/collaborative practice

The following Standards are to be focused on:

- Teachers work together to devise learning opportunities for pupils across and beyond the curriculum

| Domain 1 – Learner Outcomes | | | | | |
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| Standard: Pupils demonstrate the knowledge, skills and understanding required by the primary curriculum | | | | | |
| Objective | Specific Actions | Personnel | Timing | Indicators | Attained |
| To provide opportunities to develop an awareness and knowledge of the specific P.E skills from the curriculum. | <ul style="list-style-type: none"> ● Prior to leaving the classroom, teachers explicitly name the P.E skills being covered in the lesson. - PE Glance cards with simplified version of skills to be used when sharing WALT/WILF at the start of lessons. - Glance Cards for relevant strand to be displayed within each classroom throughout the year. - Senior pupils to mark off the skills once completed. ● Ensure students are taught all 6 strands of the P.E curriculum within the school year & a focus to be placed on FMS throughout the year. - Calendar to be broken down into blocks as done previously. - Coaches to continue in Dance, Tennis & G.A.A - Continued implementation of the curriculum using the PSSI support materials. - Aquatics strand to be covered within SPHE programme & Land Paws programme will be used in Junior Infants, 1st, 3rd & 5th Classes. | <ul style="list-style-type: none"> ● Class Teachers ● Senior pupils | <ul style="list-style-type: none"> ● Sept-June ● Sept-June | <ul style="list-style-type: none"> ● Increased awareness levels among the student body ● Skills listed in cuntais míosúla ● Glance cards displayed in each classroom ● Student feedback | [] |
| | | <ul style="list-style-type: none"> ● Ms. O' Meara ● Class teachers ● Outside personnel ● J.I/1st/3rd/5th class teachers | <ul style="list-style-type: none"> ● Sept-June ● Ongoing ● Sept-June ● Dependent on term planning | <ul style="list-style-type: none"> ● Cuntais míosúla ● Pupil feedback ● Teacher observation | [] |

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| | <ul style="list-style-type: none"> - During warm-ups use the Move more, move often resource to focus on the fundamental movement skills in Junior Infants – 2nd Class - FMS Term 1: Walking, Landing, Catching - FMS Term 2: Skipping, Balancing, Throwing - FMS Term 3: jumping for distance, hopping, kicking - Outdoor & Adventure Strand to be covered as follows: <ul style="list-style-type: none"> - Infants: PSSI - 1st – 4th Class: PSSI materials mixed with the Tri-o resource - 5th & 6th Class: PSSI materials mixed with Ready to Go orienteering resources ● Use the whole school plan for team games to explicitly teach skills for different team sports - Useful teaching resources uploaded to the drive to support teaching this area. | <ul style="list-style-type: none"> ● Junior Infant- 2nd Class teachers ● All class teachers ● Relevant staff/ Ms. O'Meara | <ul style="list-style-type: none"> ● Sept-June ● Dependent on calendar break down ● Ongoing | <ul style="list-style-type: none"> ● Cuntais míosúla ● Pupil/teacher feedback ● Teacher observation | [] |
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Domain 2- Learner Experiences

Standard: Pupils reflect on their progress as learners and develop a sense of ownership of and responsibility for their learning.

| <i>Objective</i> | <i>SPECIFIC ACTIONS</i> | <i>PERSONNEL</i> | <i>TIMING</i> | <i>INDICATORS</i> | <i>ATTAINED</i> |
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| To provide opportunities for pupils to develop a sense of ownership of and responsibility for their own learning in P.E | <ul style="list-style-type: none"> ● Provide regular opportunities for pupils to negotiate their own learning, develop skills & extend their knowledge within different strands using suitable P.E resources. <ul style="list-style-type: none"> - 4th – 6th Class students – In small groups create their own station within a lesson. | <ul style="list-style-type: none"> ● All Class | <ul style="list-style-type: none"> ● Sept– June | <ul style="list-style-type: none"> ● Teacher | [] |

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| | <ul style="list-style-type: none"> - 1st- 3rd Class –Create their own game/station (once a term) - Infants (Term 3) – Design a new playground game as a small group. • Provide opportunities to develop skills further during yard times <ul style="list-style-type: none"> - Playground Leaders – 5th Class students to create activities for 1st – 3rd class pupils during Friday yard times. - Provide opportunities for pupils to use equipment (not just footballs/basketballs) during yard times. Hula hoops, skipping ropes, dice & hopscotch – main yard. | <p>Teachers/pupils</p> <ul style="list-style-type: none"> • 5th Class pupils • 5th Class teachers • Yard teachers/pupils/ class teachers | <ul style="list-style-type: none"> • Term 2 • Ongoing | <p>observation</p> <ul style="list-style-type: none"> • Pupil feedback • Cuntais míosúla |] |
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Standard 2: Pupils experience opportunities to develop the skills and attitudes necessary for lifelong learning

| <i>Action</i> | <i>SPECIFIC ACTIONS</i> | <i>PERSONNEL</i> | <i>TIMING</i> | <i>INDICATORS</i> | <i>ATTAINED</i> |
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| To allow students an opportunity to apply and develop key skills from the curriculum outside of their discrete p.e lessons. | <ul style="list-style-type: none"> • Teacher's to re-iterate the importance of physical activity and a healthy lifestyle as children grow older. <ul style="list-style-type: none"> - An additional physical activity (10 mins) to be covered outside of the P.E timetable (in class) once a fortnight throughout the school. A note of the activity covered should be included in cuntais míosúla. - Students to complete active busy break of some sort when in on their break/lunch on a rainy day. - Active Homework to be assigned at least once a fortnight in every class from Infants to 6th class. | <ul style="list-style-type: none"> • Class teachers/pupils • Class teachers/Pupils • Class | <ul style="list-style-type: none"> • Sept-June • Sept-June when necessary | <ul style="list-style-type: none"> • Fortnightly plans /c. míosúla • Pupil/Parent | <p>[]</p> <p>[]</p> |

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| | <p>Links will be added to an 'Active Homework page' on the school website that parents can visit on the particular night.</p> <p>- Marathon Kids programme to be run in 5th class during September & October</p> <p>- Morning activities with the whole school community at least once a month such as Friday Zumba, Walk on Wednesday, Daily Mile etc.</p> <p>- Sports Day & Active Schools Week organized in June 2022.</p> <p>-Physical Activity workshops to be organized as rewards for classes with best attendance.</p> <p>- Organisation of extra-curricular activities for pupils</p> | <p>teachers/parent /pupils</p> <ul style="list-style-type: none"> Ms. O'Meara 5th class teachers/pupils Parents/pupils/ staff Ms.O'Meara/ Ms.Kehoe/ Parents/ Michelle Malone Ms. Kehoe Ms. Kehoe/DCC | <ul style="list-style-type: none"> Sept-June Sept/Oct **subject to change Oct-June June 2022 Ongoing Ongoing | <p>feedback</p> <ul style="list-style-type: none"> Teacher observation & feedback/pupil feedback Medal presentation on completion. Pupil/Parent feedback Parent/pupil feedback | <p>[]</p> <p>[]</p> <p>[]</p> <p>[]</p> |
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Domain 3- Teachers' Individual Practice

Standard 1: The teacher has the requisite subject and pedagogical knowledge in the area of Athletics

| <i>Objective</i> | <i>SPECIFIC ACTIONS</i> | <i>PERSONNEL</i> | <i>TIMING</i> | <i>INDICATORS</i> | <i>ATTAINED</i> |
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| To provide CPD possibilities for staff in Athletics – an area identified by staff | <ul style="list-style-type: none"> Provide opportunities for staff to upskill within the area of Athletics and provide access to resources to complement their teaching so to increase teacher's competence & proficiency. | | | | |

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| themselves. | <ul style="list-style-type: none"> - PDST??? or outside facilitators will be sought to up skill teachers in the teaching of Athletics and ways to progress throughout the school. - Opportunities for staff to share ideas/initiatives from individual CPD/college or summer courses with the whole staff at staff meetings where necessary. - Use the shared drive to share useful resources for teaching the various strands. - An audit of equipment/resources for relevant strands to be uploaded to the drive. Staff members will be shown where the equipment for each strand is stored at the start of each term. - Additional equipment to be purchased to enhance the teaching of athletics and team games. | <ul style="list-style-type: none"> • All Staff/Facilitator • Relevant Staff • Relevant Staff • Ms. O' Meara • Ms. O' Meara • Ms. O' Meara | <ul style="list-style-type: none"> • Croke Park hours- Jan/Feb • Ongoing • Ongoing • Sept/Jan/A pril • July | <ul style="list-style-type: none"> • Teacher Feedback • Use of the shared drive for uploads • Use of p.e equipment/audits & wish lists | [] [] [] |
| Standard 2: The teacher selects and uses planning, preparation and assessment practices that progress pupils learning | | | | | |
| ACTION | SPECIFIC ACTIONS | PERSONNEL | TIMING | INDICATORS | ATTAINED |
| Assessment practices within each class level to allow for regular oral feedback with pupils on their work and self and peer assessment opportunities. | <ul style="list-style-type: none"> • Assessment approaches to be varied throughout the strands to allow for a mixture of teacher observations, teacher conferencing, peer and self-assessment - Clear learning intentions to be shared with | <ul style="list-style-type: none"> • Class teachers | <ul style="list-style-type: none"> • Ongoing | <ul style="list-style-type: none"> • Glance cards displayed | [] |

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| <p>Differentiation to be evident within lessons and</p> | <p>pupils prior to leaving the classroom</p> <ul style="list-style-type: none"> - Staff to use the glance cards to give students ownership of their own learning and pupils (2nd – 6th class) tick off each skill as they complete their lessons. - Explicit skills taught in lessons to be included in cuntais míosúla. This is also to be done for lessons taught by outside coaches. - 3 children to be tracked when covering the gymnastics strand. - Use of see-saw with tracker pupils at the initial stages of teaching a skill and again at the end showing any progression made. - Regularly record pupils performing skills and use these videos to provide and support oral feedback to pupils in 2nd -6th Class. - State clear & precise success criteria when teaching discrete skills & provide opportunities for self and peer assessment. - Glance cards to be passed on at the end of the year so teachers know where to commence teaching within each strand. - A comment about each pupil's progress to be made during our annual parent teacher meetings. - Using website pages & email to inform parents of strands being covered in class at different stages throughout the year. <ul style="list-style-type: none"> • To have an awareness of pupils' individual | <ul style="list-style-type: none"> • 2nd-6th class pupils • Class teachers • Class teachers • Class teachers • 2nd-6th class teachers/pupils • Class teachers • Class teachers • Class teachers | <ul style="list-style-type: none"> • Ongoing • Ongoing • Jan- Mar • Jan- Mar • Ongoing • Ongoing • June • November | <p>in classrooms.</p> <ul style="list-style-type: none"> • Fortnightly plans/cuntais míosúla • See-Saw uploads & progress noted • Teacher/pupil feedback • Parent Feedback | <p>[]</p> <p>[]</p> <p>[]</p> <p>[]</p> |
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| <p>exceptionally able/pupils with a keen interest to be challenged both inside & outside the classroom.</p> | <p>learning needs and adapt lessons accordingly as well as encouraging further extension among high achieving/interested pupils.</p> <ul style="list-style-type: none"> - HSCL linkage with outside clubs within the local area enquiring about pupils joining, attending summer camps & possible taster sessions provided to pupils during Active Schools Week. - Provide scholarships to after school basketball/soccer clubs as well as camps within the local community through DCSP. - Recommencement of training and entering school teams into leagues– G.A.A, Athletics & ??? if anyone wants to volunteer. - Recognising sporting achievements at a whole class/ school level where necessary. | <ul style="list-style-type: none"> • Class teachers • Ms.O’ Meara • Class teachers/ Ms.Clarke/ Ms.Kehoe/ Ms. O’ Meara/extra-curricular club coaches • Ms.Clarke/ Ms.Kehoe/ Ms. O’ Meara/extra-curricular club coaches • Ms. O’Meara/??? • Class teachers/Ms. Kehoe/Ms. O’Meara | <ul style="list-style-type: none"> • Ongoing • Ongoing • Sept/Jan • Sept-June • Ongoing | <ul style="list-style-type: none"> • Teacher observation • Scholarships offered • Increase number of pupils as members of clubs outside of school • Achievements made among school teams | <p>[]</p> <p>[]</p> <p>[]</p> |
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| <p>Domain 4: Teachers’ collective/collaborative practice</p> | | | | | |
| <p>Standard: Teachers work together to devise learning opportunities for pupils across and beyond the curriculum</p> | | | | | |
| ACTION | SPECIFIC ACTIONS | PERSONNEL | TIMING | INDICATORS | ATTAIN |

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| Provide opportunities for pupils to make meaningful connections between learning in different curriculum areas | <ul style="list-style-type: none"> ● Incorporate pe skills into other curricular areas. <ul style="list-style-type: none"> - During Maths week, links to be explicitly made to the p.e curriculum <ul style="list-style-type: none"> - Maths trails- outdoor & adventure - 5th Class pupils to be games leaders with younger classes during yard times. - During Active Schools Week, conduct one active maths lesson. <ul style="list-style-type: none"> - Measuring distance jumped – length - Playing games using hundred square - Count how many skips in a minute – time - Percentage of shots made - Where possible, explore oral language/written tasks that link in with activities from P.E promoting life long learning among pupils (senior classes) <ul style="list-style-type: none"> - Recounts – newspaper report about a sporting event etc. - Explanations – why do we need to warm up our muscles before sport. - Expositions – P.E is an important subject for pupils. - Once a fortnight, all teachers to replace one typical homework assignment with an Active homework task. | <ul style="list-style-type: none"> ● Class/SEN teachers ● Class/SEN teachers ● 3rd-6th class teachers/pupils ● Class teachers ● Relevant teachers/ | <ul style="list-style-type: none"> ● October ● June ● Sept-June ● June-Sept ● Ongoing | <ul style="list-style-type: none"> ● Fortnightly plans/cuntais míosúla ● Pupil/Teacher feedback ● Teacher feedback ● Planning/ Cúntaisí míosúla ● Pupil/Parent feedback ● Use being made of | [] [] [] [] [] [] |

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| | - Staff to share ideas/lessons/active homework tasks that working well within this area through use of the shared drive or at staff meetings if necessary. | Ms.O'Meara | | the shared drive | |
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Monitoring/Review:

- Use to be made of the P.E Curriculum , P.S.S.I materials, Tri-o orienteering, Ready Set Go orienteering, PDST Glance Cards & See Saw assessment tool
- Profile of three tracker children per class to be maintained for the Gymnastics strand
- Cuntais Miosúla will be used to note specific P.E strand units/ objectives and specific skills and activities being covered.
- Use of pupil questionnaires/ focus groups to ascertain opinions/feedback/attitudes on the provision of P.E prior to the implementation of the plan and after a certain period of time.
- Use of parent questionnaires and focus groups to ascertain feedback/attitudes/opinions in relation to the same above.
- Use of photographic/ video evidence of progress to be used by teachers.
- Use will be made of information evenings/ Parent Teacher meetings/school website, email and monthly newsletters to inform parents of all initiatives being implemented/to ask for support/ volunteers & to provide feedback on outcomes.
- Results of matches, tournaments etc. to be noted on school website/ newsletters etc.
- Teacher observations will be used in monitoring and providing feedback in relation to all P.E initiatives. Key observations will be noted and discussed regularly at whole staff level at staff meetings/ Croke Park Hours/ ISM/ Team Planning sessions etc.
- Continuing professional development will be sought and staff will be encouraged to attend CPD in an effort to further develop knowledge & skills and to keep abreast of best practice.
- Use of Harold's Cross Google Drive to share all useful lessons, programmes and resources.
- Pupil progress to be commented on at parent -teacher meetings.
- List of p.e equipment to be checked or amended and passed out to all staff members.
- Success of Active Schools Week to be reviewed by staff.